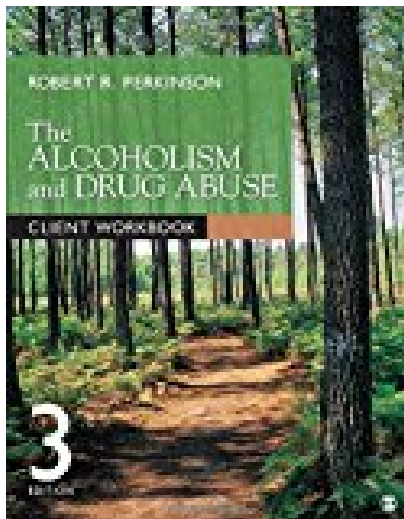


The Alcoholism and Drug Abuse Client Workbook



BOOK DETAILS

- Author : Robert R. Perkinson
- Pages : 152 Pages
- Publisher : SAGE Publications, Inc
- Language : English
- ISBN : 1506307426



BOOK SYNOPSIS

The Alcoholism and Drug Abuse Patient Workbook is intended for patients in 12-step treatment programs. Its purpose is to provide a venue for patients to write down their thoughts and experiences as they progress through the 12 steps of treatment. The workbook takes the patient (client) through the first five steps of recovery and offers space for the client to work on their own personal recovery plan. It also has a chapter on preventing relapse and honesty.

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