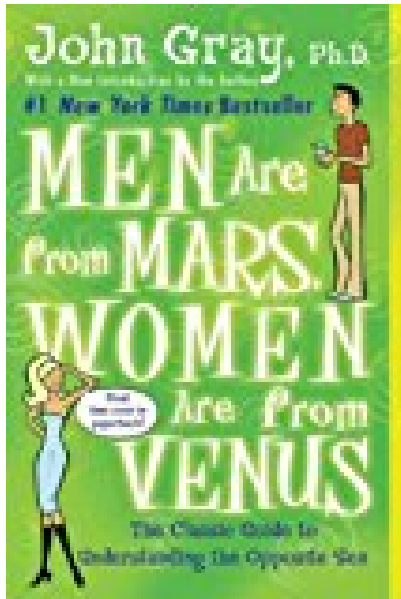


# Men Are from Mars Women Are from Venus Practical Guide for Improving Communication

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## BOOK DETAILS

- Author : John Gray
- Pages : 368 Pages
- Publisher : HarperCollins e-books
- Language : English
- ISBN :



## **BOOK SYNOPSIS**

Popular marriage counselor and seminar leader John Gray provides a unique, practical and proven way for men and women to communicate and relate better by acknowledging the differences between them. Once upon a time Martians and Venusians met, fell in love, and had happy relationships together because they respected and accepted their differences. Then they came to earth and amnesia set in: they forgot they were from different planets. Using this metaphor to illustrate the commonly occurring conflicts between men and women, Gray explains how these differences can come between the sexes and prohibit mutually fulfilling loving relationships. Based on years of successful counseling of couples, he gives advice on how to counteract these differences in communication styles, emotional needs and modes of behavior to promote a greater understanding between individual partners. Gray shows how men and women react differently in conversation and how their relationships are affected by male intimacy cycles ("get close", "back off"), and female self-esteem fluctuations ("Im okay", "Im not okay"). He encourages readers to accept the other genders particular way of expressing love, and helps men and women learn how to fulfill each others emotional needs. With practical suggestions on how to reduce conflict, crucial information on how to interpret a partners behavior and methods for preventing emotional "trash from the past" from invading new relationships, Men Are from Mars, Women Are from Venus is a valuable tool for couples who want to develop deeper and more satisfying relationships with their partners.

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