

Diagnóstico con intervenciones terapéuticas Psicoterapia breve a partir de la historia Spanish Edition



BOOK DETAILS

- Author : Olinda Serrano de Dreifuss
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BOOK SYNOPSIS

White and Epston base their therapy on the assumption that people experience problems when the stories of their lives, as they or others have invented them, do not sufficiently represent their lived experience. Therapy then becomes a process of storying or restorying the lives and experiences of these people. In this way narrative comes to play a central role in therapy. Both authors share delightful examples of a storied therapy that privileges a person's lived experience, inviting a reflexive posture and encouraging a sense of authorship and reauthorship of one's experiences and relationships in the telling and retelling of one's story.

DIAGNÓSTICO CON INTERVENCIONES TERAPEUTICAS PSICOTERAPIA

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